

Ohki Forest

Spring 2025 Teaching Program

At the Red Wind Medicine Center of Santa Fe, NM



I am truly pleased to warmly invite you all to our Red Wind Medicine Center, 23 min. from Santa Fe for this Spring program.

These are times of great confusion & fear, & it seems most necessary to double our spiritual efforts in creating higher circles of protection, groundedness as well as centeredness for oneself & others. Please join us **to activate the Crystal Medicine Wheel, the Tipi & Sweat lodge as well as the Fire circle at our RW Center** to create a higher frequency in the world, & to honor the ancient spirits of this special place sent to us by the Bird Tribes guides. Surrounded by stunning views of several mountain chains, the Center is by conservation lands & the old San Marcos Pueblo, an original sacred site still venerated today by Pueblo Natives.

Celebrate with me the healing of the 1st wound of the Americas. **Ancient indigenous guidance can activate astonishing levels of inner & outer transformation that the Earth, our spirits & our hearts need now more than ever.** Experience this powerful Medicine for renewing our souls & our Vision of the world in unity with the Dream of Mother Earth. — Ohki Siminé Forest

Private Sessions with Ohki

Available by Appointment ~ April 28 to June 20

- Discover your **SPIRIT ANIMAL** & gain valuable insights for your life & spiritual growth
- Receive a **READING from the Spirit Guides** for clear, effective guidance on your path
- Ask for a **MAYA LIMPIA** to clear your spirit field with candles, flowers & herbs
- Request a deep **NATIVE HEALING** with chanting, rattling, feathers & copal smoke

Contact Patricia Worth ~ nmregistrations@redwindcouncils.org ~ 505.429.0529

Ohki's Bio

Ohki is a vision-holder of Mohawk descent living in Chiapas, Mexico since 1986 where she collaborates with indigenous Mayas through her non-profit charitable organization, **Red Wind Councils**. Trained & initiated by Mongolian shamans, Native & Maya Medicine people, Ohki has taught Earth Ways, ancient Women's practices & Spiritual Warrior/ess trainings for over 35 years. She has successfully led at distance hundreds of seekers in Vision Quest process for the past 3 decades. She is the author of **Dreaming the Council Ways: True Native Teachings from the Red Lodge** & the creator of 9 CDs of ancient Native meditations & Drum Journeys as well as a video titled: **Transforming Humanity's Shadows**.

In the past 35 years, Ohki has offered widely acclaimed presentations at the Esalen Institute, Bioneers in CA, MA Vedanta Center, Tesuque Pueblo's Seed Sovereignty conferences, Unitarian Churches in the USA & Canada, Southwestern College in Santa Fe, NM, & at the 2012 Albuquerque conference **Wisdom from the Origins: The Mayan Calendar** with the 13 Grandmothers. In 2020, Ohki was honored with the prestigious **Eagle Feather Award** from the Society for Shamanic Practice for her lifelong dedication to imparting original Native shamanic ways to people of all backgrounds. And in May 2024 she participated in the Global Gathering titled: **Shamanism for Inspired Action: From Vision to Creation**.

www.ohkiforest.com ~ www.redwindcouncils.org



Red Wind Councils

www.redwindcouncils.org

Founded in 1987 in Chiapas, Ohki's social justice 501(c)(3) organization, *Red Wind Councils*, is dedicated to Maya social & ecological projects, emergency medical funding, & **the Ixmalé Crafts** projects as well as the renewal of Native spirituality at Ohki's Medicine Centers in Chiapas & in the USA.

Join us in our collective efforts to sustain this light of hope for a just world & for the impoverished Maya through your kind donations & monthly pledges.

Every year, Ohki & Amalia Ixmalé bring **exquisite Craft items** from the indigenous women & daughters in Chiapas.

100% of proceeds & donations return to the Maya

May Program
~ Thursday Drum Circle ~



Hummingbird Vision
Manifesting Medicine for a Creative World

Prophecies for the Return of the Feminine

Thurs, May 1 ~ 6:30pm to 9pm

One clear & positive thought can undo many negative ideas & ill-intents.

For the ancient Maya, Hummingbird is a **medicine of great beauty & freedom** that teaches us to walk in balance in the adverse winds of the world today. Hummingbird is a powerful, **sacred messenger** for our times & reveals important signs by giving us the inspiration to connect to **the very source of Spirit**. How do we develop the proper mind to gather the courage for our imminent **entrance into the Maya Red Sun**? We must let go of our globally destructive ways & all hindrances of our shadow sides.

- Learn about the **vital principles** to transform our minds to create long-lasting impact in our societies
- Drum with Ohki to **align with the coming prophecies** & restore balance in our lives & the world

**Bring a special object to place at the Central altar
for renewing your spirit**

Reservations necessary ~ by donation ~ suggested \$35

~ Sunday Retreat Ceremony ~



Singing Frog

Earth Healing Waters

A Maya Limpia Circle

Sun, May 4 ~ 3pm to 6:30pm

A Maya Limpia ceremony is traditionally performed once a year & helps greatly with physical, emotional & spiritual diseases by bringing protection & realignment. It deeply calms & purifies our Soul.

Frog is an ancient, sacred Maya totem, which represents fertility & abundance. When frogs start singing in the spring, they announce the rainy season. Singing Frog is a Medicine of purification, cleansing, innocence of the heart & **vital regeneration**. It is a small Medicine, yet potent, that shows us the vulnerability & sensibility within us as we face the devastation of Earth's waters. Done with flowers, sacred herbs, copal smoke & special candles from Chiapas, this beautiful Limpia ceremony optimizes our health to receive **the gift of rejuvenation & well-being for the year**.

- Drum with Ohki to honor our spring sources, our wells & the rains. **Renew & celebrate all waters**, the ones we take in & the ones we use daily
- Ohki performs a Limpia ceremony for the group circle & calls the powerful & refined **Element that is Sister Water** in our lives

Bring some water from your home to place on the Altar to receive blessings

Reservations necessary ~ \$75

~ Saturday Retreat ~

Whale Matriarch

A Mother's Day Lodge

Crystal Wheel Activation

Sat, May 10 ~ 2pm to 8pm



*In our deep memory exists the wisdom & vision of ancient ways.
In this digitalized world we live in, we have put a lid on our innate capacity
to remember ourselves spiritually.*

Whale can help us open the gates of remembrance & deep healing.

An ancient symbol of Creation, Mother Whale carries the origins of humanity from the time before we emerged from the oceans. Whale inspires us to strengthen the connection to our lineage of Mothers, all the way back to the first, great Mother. With her powers of **conservation, longevity & nurturance**, Whales have a system of reincarnation similar to that of humans. Our dream body is naturally aligned to the core of Whale as she aligns herself to the depths of the oceans & the center of our galaxy.

- Learn about **the 7 Feelings** of Whale wisdom as one of the most intuitive Totems in the animal kingdom that is essential to **our emotional & spiritual evolution**
- Journey with Ohki to heal the **7 Generations** behind & ahead, honor all our Mothers, the ancient Feminine, & the universal Matriarch. Allow our **7 generational mothers** to be reborn in us & heal in our wombs

Bring a special object or photo of your Mothers for the Central altar

Reservations necessary ~ \$235 (plus \$20 for Maya Feast)

~ Thursday Drum Circle ~



Crow Chiefs

Council Ways to Renew Oneself & our Communities

A Circle for Totality & a Way of Life

Thurs, May 15 ~ 6:30pm to 9pm

Native peoples are raised to think first of their community & how our actions affect the larger Wheel of the world. This spiritual consciousness is the highest & only real form of politics.

The ancient Native Council Ways are said to be the main model for creating **healthy, free & balanced societies**. Modeled on the natural way, the tribal Crow is a bridge to unity & equality of all sisters & brothers. The **keen intelligence** of Crow spirit offers freedom from cultural illusions, conditionings, & wrong belief systems. How do we cultivate courage & wisdom in the creation of our own communities? Crow Chiefs help us find our **individual & collective autonomy** which is the only way of living that embodies shamanic ways.

- Develop a **community of mind** by learning about **the Crow Laws & the Foundation Circles**
- Join Ohki in a drumming to call for the **transformation of humanity** to further embrace these crucial ways for our future

Reservations necessary ~ \$55

~ Saturday Retreat ~

Mongolian Blue Snake

Embody your Feminine self

Fire Dance Ceremony

Sat, May 24 ~ 2pm to 8pm

When Snake appears in our lives it always indicates that a strong initiation is at hand allowing our sensitivity to open to other realms.

The Blue Snake is a symbol of the year 2025 in the Mongolian lunar calendar. It is a rare snake in the wild & is quite venomous, thus a **symbol of Death & Rebirth**. For this year, Blue Snake inspires us to **shed old skins & beliefs** by finding the power to look beneath our shadows & overcome our fears. In this day retreat, Ohki brings a crucial teaching on the **7 spiritual bodies** in order to further elevate our awareness & wisdom. This magnificent totem helps us expand into new perspectives by awakening our consciousness, making it a vital **Medicine of transmutation**. In the teaching about **the nature of Death**, Blue Snake enhances our fire energy while keeping our inner coolness & gentleness.

- Drum with Ohki to call forth the transmutation of **our rigid & hidden blockages**, which can help align & balance ourselves in the Era of Woman
- Dance around the Fire in this celebration of the Blue Snake & **manifest our feminine & intuitive aspects within**

**Bring a sacred object to place at the Snake altar
for spiritual enhancement**

Reservations necessary ~ \$235 (plus \$20 Maya Feast)



~ Thursday Drum Circle ~



Thunderbird Quest

The 7 Mirrors of Western Culture

Overcoming the Shadows of Society

Thurs, May 29 ~ 6:30pm to 9pm

In Native legends, Thunderbirds are portrayed as birds of prey so large & strong that they can lift a whale out of the ocean!

Ohki shares one of the most important teachings of the times which coincides with the actual passage of our western societies into the West of the Medicine Wheel. Thunderbird, blessing us with its gifts of guidance, humility & discernment, holds the piercing **Lightning of Illumination** to help us swiftly shatter our illusions, selfish concerns & **individualistic neurosis**. Native prophecies foretold that in these times there is an urgency to manifest a global vision; **the sacred return to the Earth Ways**. With **Crazy Mother of the West**, we need to fully engage with our inner growth & affirm **spiritual resistance** against the forces that are destroying the planet. We are called to transform the contradictions & general madness to attune to the **Earth's Abundance** for the well-being of the planet.

- Drum with Ohki to call Thunderbird as a powerful guide of protection & clarity for the next steps in our lives
- Learn about the **7 Mirrors** to help us identify them more clearly in ourselves & others

Reservations necessary ~ \$55

June Program

~ Sunday Ceremony ~

Shape-Shifter Fox

The Power of Invisibility

A Spiritual Warrior Lodge

Sun, June 1 ~ 3pm to 6:30pm

Fox is a trickster who blends in its environment & moves silently. He knows how to camouflage for protection. He is an important Totem for all travelers of Life to become unseen when needed, thus helping us keep our ego in check while gaining true power.

Red Fox is the most common type of fox in North America, yet with its power of **camouflage, invisibility & adaptability**, this intelligent Spirit animal inspires us to develop our inner vision & power. Fox Shape-Shifter is a warrior medicine & is connected to **Wind spirit**, so we can learn to control our egos for our souls to mature. With Wind Fox, we learn to be become unnoticed by gaining knowledge of the **warrior's principles of ingeniousness & magic**. It is believed by Native people that Fox has the capacity to shape-shift as a human, mostly female.

- Discover from Ohki **the 5 steps to develop protective invisibility & the principles** to gain lightness, determination & strategy
- Drum to Fox as a feminine force of the night to encourage us to grow & develop **our powers of resourcefulness in dealing with our shadows**.

Reservations necessary ~ \$75



~ Thursday Drum Circle ~

Deer Dreams of the Earth

Awaken Unconditional Love

A Soul Retrieval

Thurs, June 19 ~ 6:30pm to 9pm

It is said that Deer walks in each other's footprints thus being a medicine of incredible alignment of Spirit on Earth.

Deer Medicine inspires us to live in harmony & great gentleness, yet Deer is one of the strongest **Medicines of the heart**. We all suffer to a certain degree from soul loss & deep-seated illusions which are the causes of spiritual, emotional & physical distresses. This creates an inner state where our Self is often **fragmented**. Ohki shares effective teachings on **healing grief, loss of all sorts, & traumatic events** with Deer Medicine igniting **unconditional love** in our hearts & being.

- Participate in a drum circle with Ohki to touch **the great cosmic Heart**, unearth the dreams of our beloved Earth, & activate the **Feminine forces in the world**
- Ohki takes you in a deep **journey to retrieve parts of your being** that are lost, & how to elevate yourself & learn to reach the infinite state of unconditional love

Reservations necessary ~ \$55



~ Saturday Spiritual Retreat ~



Awehai's 7 Cosmic Laws

A Solstice Door of the Earth

Sweat Lodge Ceremony

Sat, June 21 ~ 2pm to 8pm

As a totem of fertility, Awehai sowed on Earth from her breasts the seeds that she gathered on her descent from the 7 Sister stars; corn, beans, squash, tobacco, cacao, berries, & sunflowers...

An ancient Mohawk legend tells of Awehai who descended from the **7 Sister Stars** through the universe & landed on Earth, birthing all life on the planet. This significant Creation story has continued to flourish among Natives for millennia. It speaks of the return of the Feminine to the **Ongwe Omhwe, the true humans**. For this June Solstice, receive a teaching on the **7 Cosmic Laws**, an inspiring & comprehensive guide to our purpose in life. How can we elevate & reach the steps to our spirit by becoming a true human & finding our place on Earth? Ohki shares about the **power of prayers** so our calling is effective in its **manifestation**.

- Join Ohki to drum for the coming changes of these times that is happening in the Earth's core & her cycles amidst the apparent imbalances everywhere
- For this Sweat ceremony, celebrate altogether a **planetary prayer** for the renewal of the Earth's ways

Bring a personal power object to place at the Sweat altar

**Reservations necessary ~ \$255
(plus \$20 Maya Feast)**

Ohki's Event Calendar

For reservations & information:
 Patricia Worth (505) 429-0529
nmregistrations@redwindcouncils.org



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
April	4/28 Sessions	4/29 Sessions	4/30 Sessions	May 5/1 Drum Circle Humming- bird 6:30pm-9pm	5/2	5/3
5/4 Limpia Ceremony Singing Frog 3pm-6:30pm	5/5 Sessions	5/6 Sessions	5/7 Sessions	5/8	5/9	5/10 Wheel Activation Whale Matriarch 2pm-8pm
5/11	5/12 Sessions	5/13 Sessions	5/14 Sessions	5/15 Drum Circle Crow Chiefs 6:30pm-9pm	5/16	5/17
5/18	5/19 Sessions	5/20 Sessions	5/21 Sessions	5/22	5/23	5/24 Saturday Retreat Mongolian Blue Snake Fire Dance 2pm-8pm

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
5/25	5/26	5/27	5/28	5/29 Drum Circle Thunderbird's Quest 6:30pm-9pm	5/30	5/31
June 6/1 Sunday Ceremony Shape Shifter Fox 3pm to 6:30pm	6/2	6/3 Sessions	6/4 Sessions	6/5	6/6	6/7
6/8	6/9 Sessions	6/10 Sessions	6/11 Sessions	6/12 Sessions	6/13	6/14
6/15	6/16	6/17	6/18 Sessions	6/19 Drum Circle Deer Dreams 6:30pm-9pm	6/20 Sessions	6/21 Saturday Retreat Awehai Sweat Lodge 1pm-9pm

For Amalia's availability for her Crystal Healings & Maya Facial Treatments please see the calendar in her brochure, or go to www.redwindcouncils.org on our Home page



Amalia Ixmalé



Maya Crystal Healing Treatments

A 4th generation Maya healer, Amalia, Ohki's daughter, offers her regenerative & centering **CRYSTAL HEALING treatments** to help you recover your physical inner balance & receive emotional & spiritual re-sourcing. Done with high-quality stones placed on your body (purified after each session), Amalia performs a clearing with feathers & rattles & sweeps your field with fresh herbs.

1 hour ~ \$115



Maya Facials

Experience her soothing, restorative & beautifying **FACIAL treatments** with Maya Kakaw (Chocolate) or fresh Avocado & high-quality essential oils & natural creams that Amalia prepares.

1 hour ~ \$75

Amalia is available April 28 to June 20 ~ by appointment

Ixmalé Medicine Pouches & Necklaces

Amalia creates exquisite & magical **Medicine Pouches & Medicine necklaces** which bring a variety of blessings to your life such as **Protection, Grounding, Dreaming, Abundance, Courage, Unconditional Love**, among others. They contain carefully selected natural elements & special crystal stones imbued with the Medicines of the Sun, Moon, Earth & the Crystal Wheel at the Chiapas Red Wind Center.

Custom orders available ~ www.redwindcouncils.org



The Ixmalé Project: Maya Textiles & Creations

Amalia's ixmalé Project supports talented Maya artists & women weavers with one-of-a-kind creations such as Medicine jewelry, exquisite embroidery pieces & backstrap loom textiles. She also creates her own pieces & jewelry. Her second name **Ixmalé** means **Abundance of Corn** in a Maya dialect which she chose for calling abundance to the Maya artists & women.

100% of sales return to women crafters

Red Wind Medicine Center of Santa Fe, NM

Location of Events ~ 23 minutes south of Santa Fe
It's a scenic, easy drive on Highway 14 (**Turquoise Trail**)
Visit our new Center near the old San Marcos Pueblo

Bring Drum or Rattle

Contact

Patricia Worth ~ 505.429.0529
nmregistrations@redwindcouncils.org



Make Checks to:

Red Wind Councils, PO Box 29077, Santa Fe, NM 87592

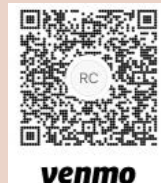
Checks, credit cards & cash are accepted

10% Discount for Native people ~ Payment Plans Accepted

**100% of Ohki's earnings go towards her Projects with the Maya people
& her Chiapas Medicine Centers**

**We sincerely thank you for your support of Ohki, Amalia,
& the indigenous Mayas!**

Red Wind Councils, Inc. is a 501(c)(3) charitable non-profit. Tax ID #: 20-3633955



www.ohkiforest.com & www.redwindcouncils.org

Registrations for All Events

Early registrations recommended as space is limited.

Full fees are required to reserve your space.

Cancellation Policy

No refunds are given for cancellations less than 48 hours before an event.

**We greatly appreciate your kind understanding
of Ohki & Amalia's need for this policy.**

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